

# **21st Century Skills**

2022

Prepared By :

CENTRE FOR LIFESKILLS &  
LIFELONG LEARNING, NHCE



# Contents

- Executive Summary ..... 3
- Introduction ..... 3
- 21 st Century skills .....4
- Creative thinking ..... 5
- Communication ..... 6
- Collaboration..... 7
- Flexibility & Adaptability (FLIPS) 8
- Stills from the program ..... 9
- Trainers’ profile – 1 ..... 10
- Trainers’ profile – 2..... 11



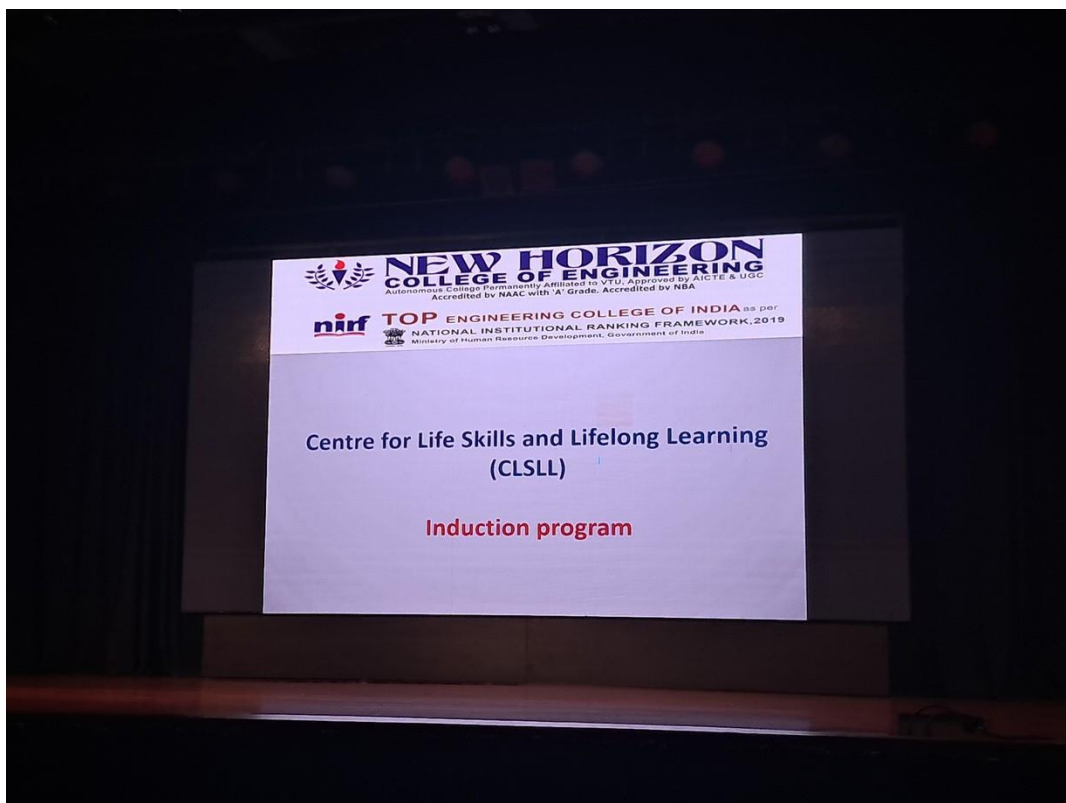
# Executive Summary:

The purpose of this report is to assess the effectiveness of the 21st Century Skills induction program carried out to the BE 1st year students of NHCE in November 2022 by the CLSLL trainers.

Overall, the activity sessions were well received by the students of all branches who rated the experience as either good or excellent.

## Introduction :

This event is about the 21st century skills which is important for all students who aspire to be leaders.

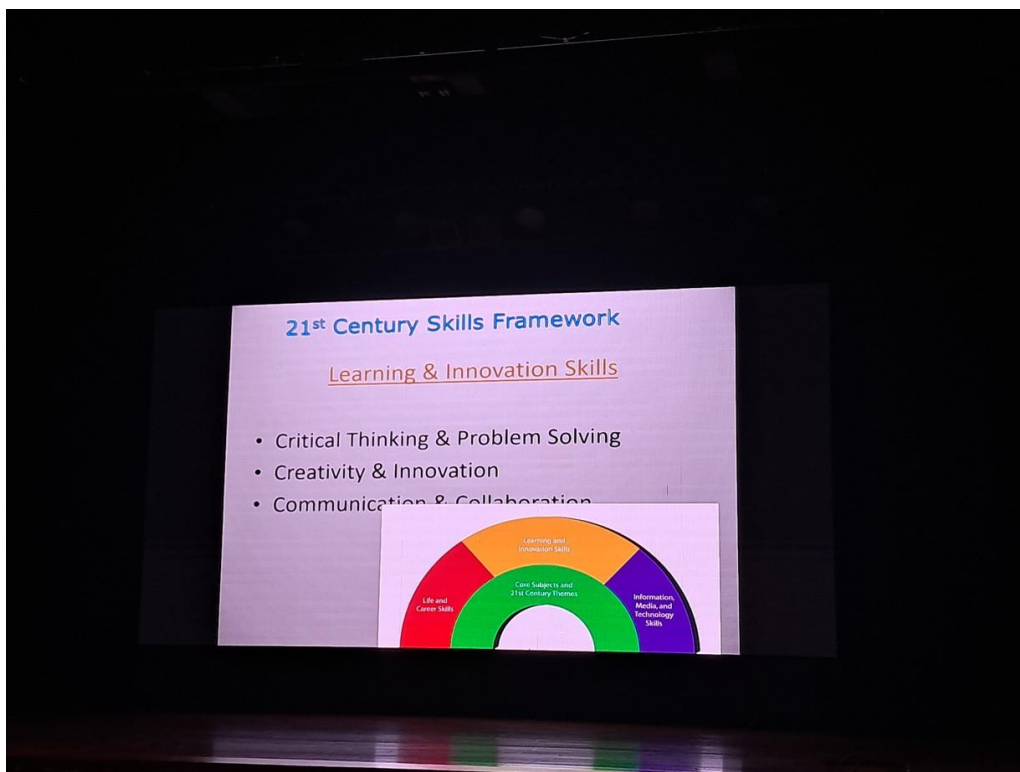




# 21st Century Skills:

Dr. Sowmya highlighted the need of 21st century skills as the requirements of the workforce are changing. There will be a time in the future where humans will work together with the robots.

- The 7 skills are as follows :-
- ME skill (Self-awareness)
- WE skill (People Management)
- Why skill (Curiosity)
- Will skill (Passion)
- Wiggle skill (Experiential learning)
- Wobble skill (Adaptability)
- What if skill (Creativity)





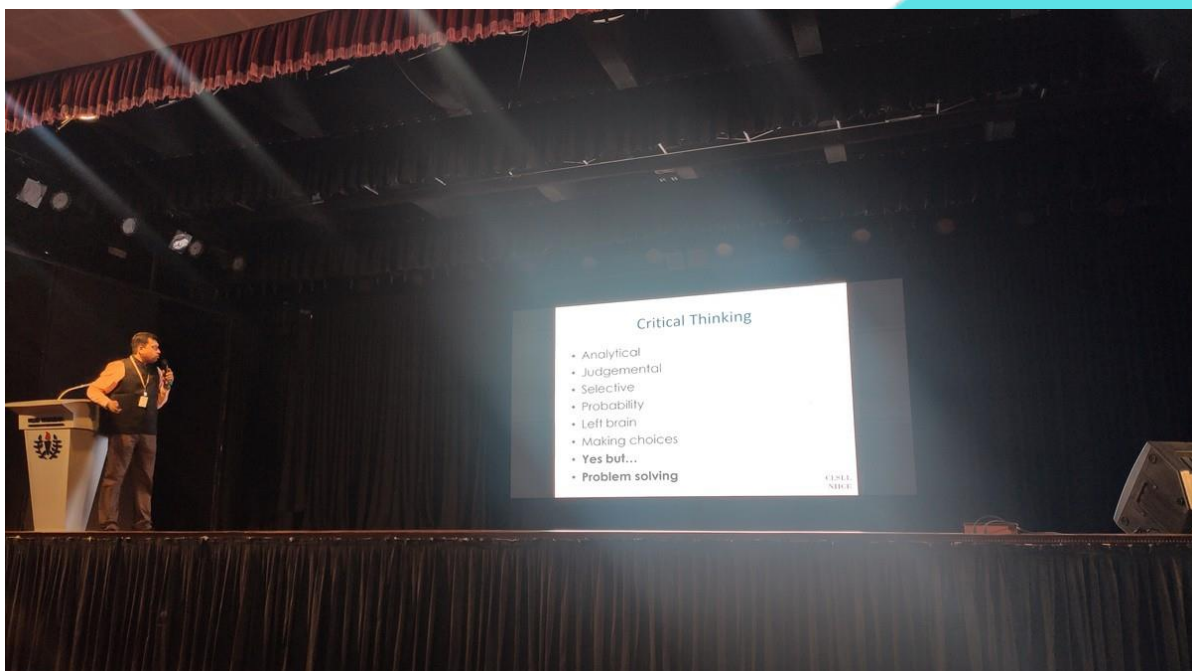
# Creative Thinking :

Prof. Devranjan asked the question Where or What is the box?

The box is something we create. It is in our minds. Critical thinking is the use of knowledge we have and creative thinking is a skill getting explored.

Creative thinking is :-

- Generative
- Non - Judgmental
- Expansive
- Possibility
- Right brain
- Exploring new ideas
- Innovations





# Communication:

Prof. Indrani expressed the need of communication in life. It is important to know how to express our thoughts to others in the right way. The two types of communication are Intra personal and Inter personal. Intra means communication with self for example prayers, thinking etc. Inter personal means communication with others which should be complete and correct.

- Miscommunication happens as we fail to listen to others.
- Silence is important to be an active listener





# Collaboration:

Prof. Sabarinath and Prof. Jaydeep got together to explain collaboration. An activity was held for better understanding.

The activity was based on teamwork and collaboration which is the most important aspect of life when working in a corporate office or in an IT company.

Being able to listen to each team members and working together was the main aim of this activity

The speakers made a few of the volunteers play games. These games gave an example of trust in your teammates and example of communication between team members.





# Flexibility & Adaptability (FLIPS) :

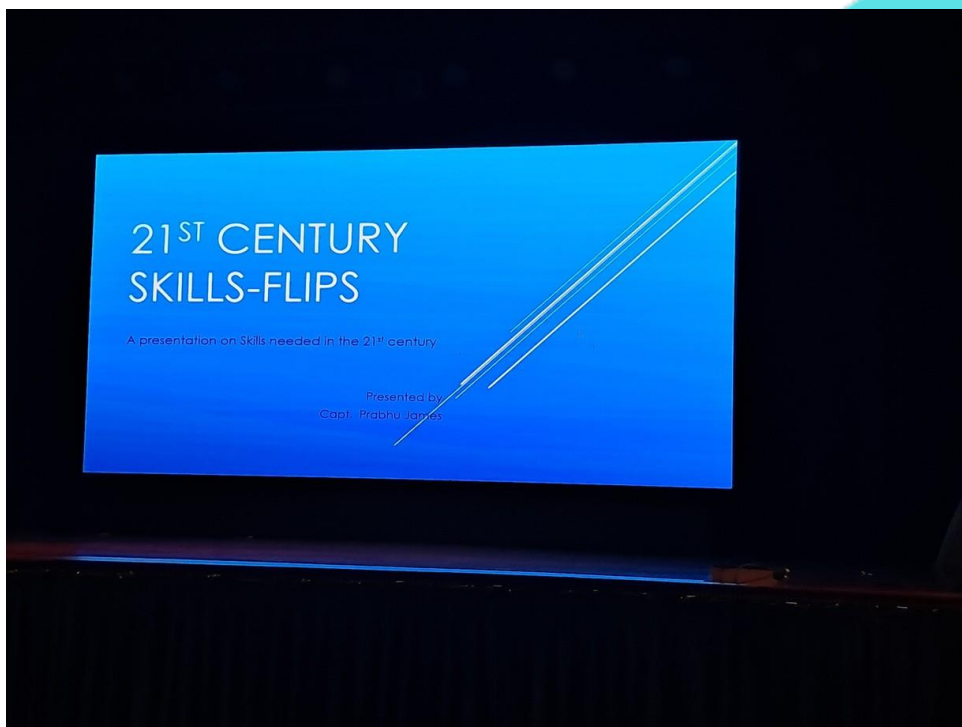
As we neared the end, we had Capt. Prabhu to enlighten the students about Flexibility & Adaptability (FLIPS).

Flexibility is being able to adjust to changes in a positive way and adaptability is being able to react in the given new change.

People who are open-minded, creative, not afraid to fail, they adapt in the best possible way.

FLIPS is Flexibility, Leadership, Initiative, Productivity, and Social Skills. In the recent times, a person should be able to do more than one job, should help others, learn a new skill, find new and more ways of working and find multiple solutions,

In this process, stress is developed and they shouldn't ignore, instead address the causes and take care of self's health.







# Stills from the Program





# Trainers' Profile - 1

**DR. SOWMYA NARAYANAN, Head of Department, CLSLL**

Dr. Sowmya is the Professor and Head of the Centre for Life Skills and Lifelong Learning at New Horizon College of Engineering. As an academician and a Learning Consultant, she has been involved in bringing innovation in the Learning and Development activities of the Academic institutions and the corporate spanning over a period of 15 years. She has a PhD from VIT University, Vellore. Her areas of interest and specialization include, Communication Skills, Critical and Creative thinking, Bloom's Taxonomy of Educational Objectives, High Impact Teaching Skills (HITS) Motivation, Team Building, and Classroom Management.



**SUNEETHA V., Assistant Professor**

A soft skills trainer with 15 years of rich experience. Adds value to the training sessions because of her Engineering recruitment background. A passionate content creator for different modules. Has traveled across India training students and faculty of Engineering and MBA colleges. Has also been a corporate trainer in the field of Soft Skills.

**DEVNANJAN CHATTERJEE, Sr. Life Skills Trainer**

Devranjan Chatterjee completed his Hotel Management course from IHM Kolkata and began his career as Management Trainee at The Park, Kolkata. Over the years he has developed the unique experience of having led teams in the domains of hospitality, education, and Training & Placement. The zeal to explore further led to an MBA degree and a Systems Management Diploma. In recent times, a Life Coaching certification was duly completed. His contribution as a resource person in recent webinars included topics like Hospitality post the Pandemic, Change Management, Stress Management and Digital Profiling.



**CAPT. PRABHU JAMES, Sr. Life Skills Trainer**

Capt. James has facilitated about 5000 hours of learning programs covering about 4500 participants. He has conducted soft skills programs for various groups that include corporate teams, college students and soldiers. He keeps his programs simple, practical and interactive so that each learning session leads to an improvement in life skills.

**RICHARD NATHANIEL, Sr. Life Skills Trainer**

Richard Nathaniel began his career in the field of Aviation Engineering, training Aviation students in Effective communication, recognised by the DGCA Govt. of India. He continues training people in Soft Skills and Personal Effectiveness. Enjoys 35 years of rich experience in the training industry.

Mastered in phonetics and Certified by the British Council of India, he has been one of the keynote motivational speakers in different forums nationally and internationally.





# Trainers' Profile - 2

## SABARINATH H S. Sr. Life Skills Trainer ,

Sabarinath, a Postgraduate (MBA) in Finance and marketing who is a seasoned professional, with 15 years of experience both in the Corporate and Education field, serves currently at NHCE. He is passionate about Training and Counselling. He is a certified NLP practitioner and holds a diploma in Counselling and Transactional Analysis. Conducted training programs for 1 lakh plus students and 5000 Faculty. He was recognized as one of the top 3 freelance trainers by Thomas Cook in 2017.



## JAYDEEP AMIN, Life Skills Trainer

Jaydeep has 12+ years of experience in the field of Training and Human Resources. He has worked with brands like TCS, Topsgroup, Able Jobs, and Zodiac HR. He has trained over 3000+ students in the domain of Soft Skills and personality development. For him, training is not just a passion but a purpose to inculcate soft skills within students and bridge the gap between academics and industries.

## INDRANI MEDHI, Life Skills Trainer

A lecturer, soft skills trainer and media professional with an experience in education and teaching for 12 years. She is a former radio presenter of All India Radio, Guwahati and a freelance writer who is passionate about writing especially on women empowerment. She is a triple masters in English Language & Literature, Mass Communication & Journalism and Hindustani Classical Music.



# *Thank you!*